

Full of Life

This event has been organised with your local community and is for local people over 50. Try something new or rekindle an old passion.

FREE EVENT, including **FREE** tea/coffee and cake voucher,
light lunches available to purchase

Take some time for you
and enjoy a **FREE** massage

Join us for a game
of **PRIZE** bingo



Worried about your
hearing? Drop in
appointments to be
pre-screened by
Action for Deafness



FREE mobility
scooter training - for
new users and for
those who would
benefit from a
refresher course

Have a go at
landscape painting



Wednesday 2nd October 2019

10am - 3.30pm

Lavinia House, Dukes Square, Horsham, RH12 1GZ

For more information or to book your **FREE** place please call as soon as possible on
01403 260560 or email info@ageukhorshamdistrict.org.uk

If you think you might need help getting to the event please let us know
when you get in touch and we will try to help.