

Hello residents of the Horsham District. We hope that you enjoyed our first newsletter a couple of weeks ago, and that your brain didn't ache too much after those dingbats!? Please feel free to forward this newsletter on to friends and family via mail, or if you are happy to print a couple of copies and put through doors then this would be much appreciated. We will be sending it out on the 2nd and 4th Thursdays of every month during these strange times. Enjoy your cuppa and your read. Don't forget if you need our support, the number is **01403 260560**. Stay safe and well.

Best wishes from us all at Age UKHD

Joke Time

Two campers are walking through the woods when a huge brown bear suddenly appears in the clearing about 50 feet in front of them. The bear sees the campers and begins to head toward them. The first man drops his backpack, digs out a pair of trainers, and frantically begins to put them on. The second man says, 'What are you doing? Trainers won't help you outrun that bear.' 'I don't need to outrun the bear,' the first guy says. 'I just need to outrun you.'



Brain Gym



NAME THAT TUNE

Can you name the song and the artist?

1. Oh yeah, I'll tell you something, I think you'll understand
2. I don't wanna talk, about things we've gone through
3. Ground control to Major Tom
4. Let's go for a little walk
5. You keep saying you got something for me. Something you call love but confess
6. The colours of the rainbow, so pretty in the sky
7. I know your eyes in the morning sun I feel you touch me in the pouring rain
8. Being good isn't always easy, no matter how hard I try

TREE ASSOCIATION

Example - Q: Someone crazy about bricks and mortar. A: Walnut

1. Not the youngest tree around.
2. There are always two of these trees: by the sound of it.
3. There's nothing fancy about this tree.
4. Would you find this tree close to the ocean?
5. Give Margaret a 'Glasgow kiss'.
6. Not so much a tree— sounds like an island.
7. Morecambe, San Francisco and Hudson have this tree in common.
8. Adorned with a yellow ribbon.
9. Grime in a fire pit.
10. The girl with the prickly nature.



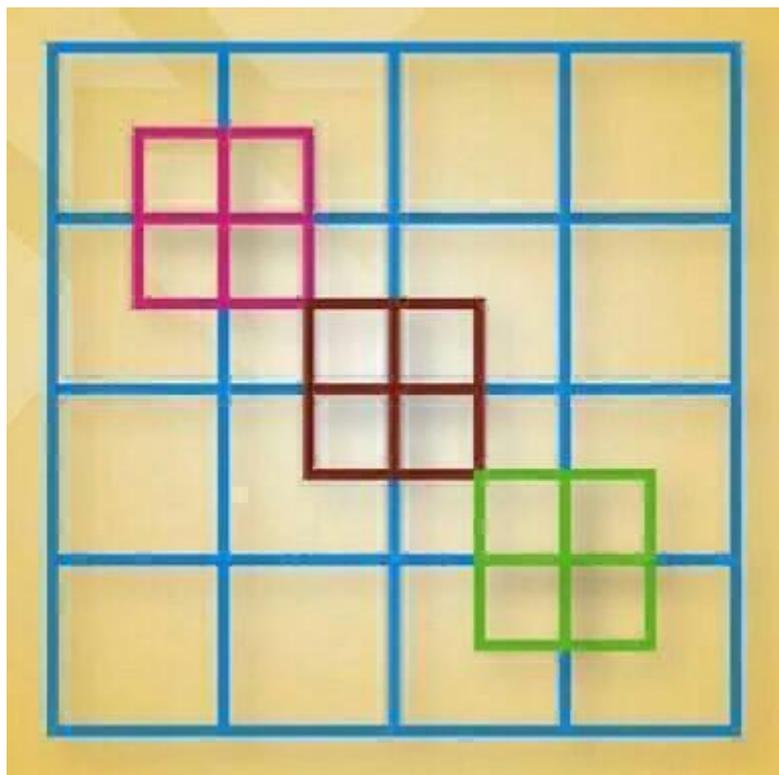
Answers from **Newsletter 1 Dingbats** – 1. More haste, less speed. 2. Red in the Face. 3. Double up in pain. 4. Horsing around. 5. Another fine mess. 6. Foot in the door. 7. Divided loyalties. 8. No U turn. 9. Pieces of eight. 10. All in a day's work. 11. Backhander. 12. Foot in the door (whoops!) **Drink Association** – 1. Screwdriver. 2. Mead. 3. Bitter. 4. Cider. 5. Water. 6. Whisky. 7. Sherry. 8. Tonic. 9. Punch. 10. Wine. 11. Stout. 12. Port.

Answers in the next newsletter – have fun and good luck.

Fun Facts! Did you know?

- The Eiffel Tower is 6 inches shorter in winter than summer. It is made of iron which contracts in the cold and expands in the heat.
- There is a tarantula named after Johnny Cash – it is called *Aphonopelma johnnycashi*.
- Flamingos aren't really pink. When flamingos are born their feathers are grey or white. The pink colour is acquired over time from the food they eat.
- There are 2,000 thunderstorms in progress at any given moment. They are most common in the morning or the evening but they can happen anywhere at any time.
- Penguin urine makes up about 3% of Antarctica's glaciers. The low temperature in Antarctica means that urine freezes almost instantly, before it can be washed off or evaporate.

How many squares can you see?



Time for a Riddle or two

- 1) I speak without a mouth and hear without ears. I have no body but come alive with wind. What am I?
- 2) I have cities but no houses, I have mountains but no trees. I have water but no fish. What am I?



Cook Book – Recipe Time

We are going to produce a cook book which has 75 recipes in it (to tie in with the VE celebrations) entitled '**Recipes from Childhood**'. It will be dedicated to the children from 1945 and the adults they became.

We are asking for recipe contributions from our members, and anyone from the Horsham District over the age of 50, with a little bit of blurb about why the chosen recipe and what it means to the contributor.

In addition, we will be asking for children to illustrate the recipes that we choose to use for the cook book. This way there is a link between children of the past and children of today. If you know of any talented young artists that would like to get involved, please get in touch.

Whilst we might not be able to use all the recipes, We are hoping that we can put any spare recipes on our website.



Please email your contributions to NickyF@ageukhorshamdistrict.org.uk or pop any hand written contributions in the post with your name and phone number - FAO Nicky Fuller, Age UK Horsham District, Lavinia House, Dukes Square, Horsham, RH12 1GZ.