

Hello residents of the Horsham District. Enjoy number 6! Our number, if you or anyone you know needs our support is **01403 260560**. Stay safe and well. *Best wishes from us all at AgeUKHD*

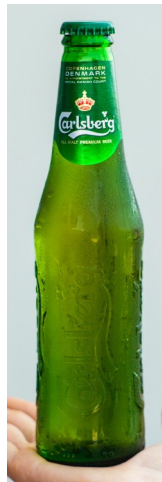
Joke Time A police officer pulls over this guy who had been weaving in and out of the lanes. He goes up to the guy's window and says, "Sir, I need you to blow into this breathalyser tube." The man says, "Sorry officer I can't do that. I am an asthmatic. If I do that I'll have a really bad asthma attack." "Okay, fine. I need you to come down to the station to give a blood sample." "I can't do that either. I am a haemophiliac. If I do that, I'll bleed to death." "Well, then we need a urine sample." "I'm sorry officer I can't do that either. I am also a diabetic. If I do that I'll get really low blood sugar." "Alright then I need you to come out here and walk this white line." "I can't do that, officer." "Why not?" "Because I'm too drunk to do that!"

Brain Gym

FOOD AND DRINK ANAGRAMS

Eg- Food- Elm lie flu lie (5-7) Mille-feuille

- 1) Food- A tint treat (5,5)
- 2) Food- See ace heck (10)
- 3) Food- A mack dearie (7,4)
- 4) Drink- Ale Quit (Mexican-7)
- 5) Drink- Hew I sky (Irish- 7)
- 6) Food- Is it a rum (8)
- 7) Food- He tackle cocoa (9,4)
- 8) Food- Open at ten (9)
- 9) Drink- Trove hum (Italian 8)
- 10) Drink- Monocle III (10)
- 11) Food- Skeptic Todd (7,4)
- 12) Food- Iced drip gun (4,7)



NAME THAT TUNE

Can you name the song and the artist?

- 1) Thunder only happens when it's raining
Players only love you when they're playing
- 2) I've been walkin' these streets so long
Singin' the same old song
- 3) Romance is a game for fools, I used to say
A game I thought I'd never play
- 4) Don't start me talking, I could talk all night
- 5) You don't have to put on the red light
Those days are over, you don't have to sell
your body to the night
- 6) A kiss for luck and we're on our way
We've only begun
- 7) Spending my day thinkin' 'bout you girl
Being here with you, being near with you
- 8) For once in my life I have someone who needs me.
Someone I've needed so long



Answers in the next newsletter – have fun and good luck.

Answers from **Newsletter 5 Dingbats** 1. Foreign Language. 2. Potatoes. 3. Fork in the road. 4. Mail Man. 5. No two ways about it. 6. Son of a gun. 7. Made in Great Britain. 8. Mother-in-law. 9. It's a small world after all. 10. Excuse me. 11. Back in a minute. 12. Missing link. **Flower Association** 1. Columbine. 2. 3. Dandelion. 4. Forget me not. 5. Foxglove. 6. Iris. 7. Kingcup. 8. Narcissus. 9. Petunia. 10. Phlox. 11. Pink. 12. Poppy.

Did you Know?

- Back when dinosaurs existed, there used to be volcanoes that were erupting on the moon.
- If a Polar Bear and a Grizzly Bear mate, their offspring is called a “Pizzly Bear”.
- If you cut down a cactus in Arizona, you be penalized up to 25 years in jail. It is similar to cutting down a protected tree species.
- The first movie ever to put out a motion-picture soundtrack was *Snow White and the Seven Dwarfs*.
- In 1923, a jockey suffered a fatal heart attack but his horse finished and won the race, making him the first and only jockey to win a race after death.
- At birth, a baby panda is smaller than a mouse.
- The spiked dog collar was invented by the Ancient Greeks to protect their dogs from wolf attacks.
- Octopuses and squids have beaks. The beak is made of keratin – the same material that a bird’s beak, and our fingernails are made of.
- An estimated 50% of all gold ever mined on Earth came from a single plateau in South Africa: Witwatersrand.
- 75% of the world’s diet is produced from just 12 plant and five different animal species.
- Tirana, the capital of Albania has a lot of things in common with other European capitals – except one. It’s one of two capitals without a McDonalds. The second is Vatican City.



The month of July

July is named after Roman dictator Julius Caesar (100 B.C.–44 B.C.). With the help of Sosigenes, Caesar developed the precursor to the Gregorian calendar we use today.

July Birth Flower

July’s birth flowers are the **larkspur** and **water lily**. The larkspur, especially white forms, generally indicate light heartedness; pink, fickleness; purple, first love.

The water lily symbolizes purity of heart.



July Birthstone

The July birthstone is the ruby, which is believed to protect its wearer from evil.

- “Ruby” is derived from the Latin rubeus, which means “red.”
- The ruby, along with the related sapphire, are the second hardest natural gemstones, with only the diamond being harder.
- The gem was once thought to protect warriors if worn on their armour or embedded in their skin.
- Considered the king of gems, the ruby symbolizes love, passion, energy, and success.