



HEALTH & LEISURE WALKS

All welcome to guided, free, sociable walks led by trained volunteers; no need to book, just turn-up at the start point. A booklet containing the walks is available from the Walks Co-ordinator on 07720 714306 or online at www.horsham.gov.uk/leisurepages/Leisure/sports/walking

Beginners are recommended to contact the Walk Leader: to discuss suitability. All walks can be wet and muddy in places. Forthcoming walks in the Nuthurst Parish and neighbouring areas are as follows:

Every Wed & Sun 2.30pm Horsham Heritage Guided Walks 2 miles 90 mins

Walk 2238. Meet outside the Museum in the Causeway. Guided historical walk around Horsham to learn more about its history and the changes that have happened over the past centuries. *Supported by The Horsham Society.* Jill 07780 701184

Mon 3 June 10:30 am St Leonards Forest 4 miles 2 hrs

Walk 2264. Park in the Forestry Commission Car Park, Roosthole, Hammerpond Road RH13 6PG (TQ20298). This is a circular walk through the Forest. Can be muddy. No stiles. Well behaved dogs welcome. Jill 07780 701184

Thu 6 June 10:00am The George & Dragon, Dragons Green 5.8 miles 2 hrs 45 mins

Walk 2094. Meet in the pub car park (RH13 8GE, TQ139235). A mostly flat circular walk heading north through farmland and woods. Some stiles and could be wet and muddy in places. Good food and drink available in the pub after the walk. No dogs. Geoff 01403 258180

Fri 7 & 21 June 11:00am Southwater (1) 2.6 miles 75 mins

Walk 1009. Meet in the Visitor Centre car park of the Country Park, (off Cripplegate Lane, RH13 9UN). Along bridleways and country lanes and return via the Downs Link. No stiles but can be muddy. Not suitable for wheelchairs or prams. The café and toilets at the Park will be open. Sorry no dogs. **£1.50 parking charge applies at the Country Park.** Alex 01403 273751

Sat 8 June 10:00am Roosthole - BUTTERFLIES 3.5 miles 1 hr 45 mins

Walk 2031. Park in the Forestry Commission car park Hammerpond Road, RH13 6PG (TQ208298). Various routes; (muddy in wet weather), mainly through forest and some open heath land. Some long gentle and short steep hills to increase your heart rate. We may see some butterflies on warmer days and often encounter horses and dogs but have yet to see the headless horseman on Mick Miles straight mile! Well behaved dogs allowed. Simon 01403 260599

Mon 17 June 10:00am Missed Sussex Day 3 or 5 miles 2.5 hrs

Walk 2209. Meet at West Sussex County Council car park adjacent to the Downs Link, RH13 8LY (TQ183225), on the A272 between the A24 and the A281, immediately opposite Park Lane, near 'The Orchard' restaurant. A circular walk with option to do 3 or 5 miles along the Downs Link, through meadows. Possibility of Livestock. Can be muddy. Some stiles. No dogs. Jill 07780 701184 or Jean 07734 323321

Tue 18 June 10:00am Leechpool & Owlbeech Woods (1) 2 – 3 miles 60 - 90 mins

Walk 1005. Meet at Leechpool Wood car park (Roffey End), Harwood Road (B2195), Horsham (TQ194313). Gentle slopes, some narrow paths, can be muddy, generally easy walking. Various routes. First timers and families very welcome. No dogs. Emmy 01403 255517

***** July Advance Information*****

Sat 6 July 10.00 am 6th Annual Riverside Walk 13 miles 4 - 5 hrs

Walk 2200 Meet at the Rugby Club, Hammerpond Road. (RH13 6PJ) Walkers with less time or energy can walk part of the route and then use a free pick-up bus to take them back to the start. For more information about this event please visit the following site: www.horsham.community